

# THE HEALTH & PRODUCTIVITY REVITALIZER<sup>SM</sup>

## MELLANIE TRUE HILLS

Speaker • Author • Moderator • Facilitator • Coach

*Your story was powerful, and your information life-changing. You motivated us to take action.*

Paula Wilson-Bradshaw

Meeting Organizer

EDWARD JONES INVESTMENTS



## Be Motivated and Inspired

*T*hrough sharing her personal story of battling heart disease, the #1 killer, Mellanie provides a compelling message of awareness and prevention.

Her engaging stories and powerful messages from her extensive business and life experience are delivered with enthusiasm, humor, and charm.

She delivers a wake-up call that helps audiences create permanent change, guiding them through a plan for life and health. She equips them with tools, techniques, and attitudes to overcome adversity, and achieve happiness, success, fulfillment, and health.

Audiences leave motivated and energized to accomplish incredible results, saying, "You changed my life."

## Helping individuals and organizations improve health and productivity.

*Mellanie exemplifies a true Transformational Leader, offering her story as a springboard to alert and inform others. She provides compelling testimony for women to take charge and lead heart-healthy lives. Mellanie gets to the "heart of it".*

Diane McIntyre, Executive Director

AMERICAN HEART ASSOCIATION

Austin, Texas

*Thank you for bringing Heart Health to the top of our agenda. Your presentation was wonderful!*

Elizabeth Ann Gates

Executive Director

LEADERSHIP TEXAS

*Mellanie is a stand out speaker. She does the extra things that make my job easier.*

Barbara Gavin

Manager of Conferences

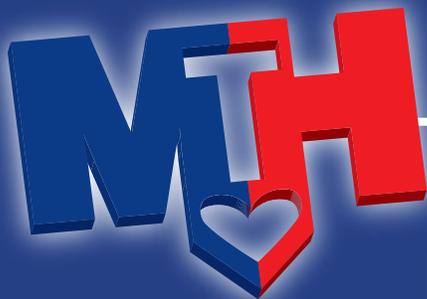
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Contact Mellanie...

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### Partial List of Clients and Audiences...

- Agilent Technologies
- American Heart Association
- American Standard
- Canadian Imperial Bank of Commerce
- Cisco Systems
- Coca-Cola Enterprises
- Dell
- Deloitte & Touche
- Edward Jones
- General Motors/Cadillac
- Hewlett-Packard
- JCPenney Company
- Primedia
- Snap-On
- Texas Instruments
- Texas Department of Insurance
- Times Mirror Company
- Verizon
- Wellmark/BlueCross BlueShield of Iowa

*I will schedule my physical tomorrow, and let you know if you saved my life.*

Vicki Scott  
Director, Software Test

*Your presentation was the best of the whole Forum.*

Patrice Leroux  
Director of Public Relations  
UNIVERSITE DE MONTREAL

*Your ideas were thought provoking and original.*

Jaspreet Sohi  
Events Coordinator  
CANADIAN IMPERIAL BANK OF COMMERCE

*I can't wait to educate others.*

Tami Taylor  
Manufacturing Engineer

Mellanie True Hills is always on the leading edge. She led one of the earliest corporate web sites a decade ago at JCPenney, authored two best sellers, and was a high tech executive at Dell and an e-strategy advisor to Cisco's largest customers.

She recently had a close call in emergency heart surgery and now puts her passion toward inspiring audiences and helping them build healthy, successful lives. She also works with organizations that want healthy employees and productive workplaces.

Mellanie has delighted audiences from Montreal to Johannesburg, New Delhi, Rio de Janeiro, and Singapore. Let her delight your audience, too.



### Keynotes and Breakout Sessions... customized just for you

#### Designing the Plan for Your Life and Health

By exploring what you consider most important, you will design a plan for your life and health that will ensure you success and good health.

#### Can We Have It All... Success, Balance, and Health?

Is it possible to have it all, and do we really want it?

#### Staying Healthy and Sane in an Insane World

In this 24x7 world, it's easy to get overloaded and stressed. Take charge of your health and sanity.

Mellanie does spouse programs and also speaks on

- Change
- Adversity
- Success
- Productivity

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